

October Resident Newsletter

Newsletter Update

Newsletters will continue to be sent out every month. One change being that they will not be sent out by mail starting in November. There will be three ways to receive them; by email, our website; www.ndhc.net, and the NDHC Facebook page; @NDHC1. If you or any other family members are interested in getting the email, please contact Lindsey at 587-6451 or e-mail her at lindsey.braaten@ndhc.net.

Email a Resident

We are excited to introduce a new feature on our website. Now, you can email a resident and include one photo. At this link, <https://www.ndhc.net/email-a-resident>, send your message. We will print it and share it with your resident.

New Activity Director

Lindsey Braaten is the new activity director that has officially taken over the duties. She is excited to learn more about the residents and get them involved in activities they enjoy doing. LuAnn retired September 30 after 25 years; we will miss her and thank her for all the years that she has dedicated to NDHC.

New Logo, Brand

Northwood Deaconess Health Center (NDHC) has launched a new logo that embraces its position as the region's leading rural healthcare provider.

"Branding and marketing were identified as a strategic priority for NDHC during our 2019 community assessment," said CEO Pete Antonson. "We are excited to introduce this logo and begin to strengthen our brand identity as part of a broader effort that aligns with our continued growth throughout the region."

The new logo includes a heart and cross element of NDHC's most recent logo, which

harkens to its foundation as an independent Christian-based, church-owned entity while drawing on its position as a rural healthcare center with a strong visual representation. The branding, Antonson said, will gradually be incorporated in NDHC's physical and digital marketing and communication materials, beginning with an updated website.

October Staff Anniversaries

Congratulations to the following:

| | | |
|-----------------|---------|----------|
| Dixie Pratt | 10/01 | 38 years |
| Barbara Connell | 10/0124 | years |
| Amanda Sawyer | 10/01 | 17 years |
| Peggy Haugen | 10/03 | 15 years |
| Mary Karas | 10/08 | 3 years |
| Jessica Steward | 10/10 | 16 years |
| Justin Steward | 10/10 | 16 years |
| Eric Corral | 10/18 | 5 years |
| Jenny Bratlie | 10/21 | 14 years |
| Riley Theobald | 10/22 | 3 years |
| Mitchell Ostrom | 10/23 | 14 years |

Influenza and COVID 19 Vaccination

Influenza vaccination season is approaching. Attached is the current Vaccine Information Sheet, also known as VIS, for the seasonal influenza vaccination. Annual Influenza doses will be administered early to mid-October as per usual routine to those residents that historically get their annual influenza vaccination. CMS requires that the annual influenza be offered to those that have previously refused giving everyone equal opportunity, for those residents that again refuse an updated refusal will need to be signed. Also, as you may have heard in the news, "new booster" doses of Covid 19 vaccine have been approved by FDA and CDC. Eligibility for Moderna is 18 years old or older and Pfizer is 12 years old or older if it's been two months since primary series or since last booster. The new Bivalent Covid 19 Booster replaces previous booster recommendations. As supply arrives, doses will be administered, early September. Reminder that NDHC has previously

obtained authorization for the Covid 19 Vaccinations including any additional dose recommendations to keep our residents up to date and safe. I am cautiously optimistic that covid boosters maybe a yearly booster much like influenza, but those future recommendations are yet to be determined.

Thanks, Andrew RN Infection Control

COVID Regulatory Relief

In late September, the CDC has issued some revised guidance on COVID guidelines. In review, it looks like most of the relief is in one area, the testing of people without symptoms. We are pleased to see some movement. We are still hoping for more relief on mask wearing for fully vaccinated staff and data reporting. The data reporting requirements are still as stringent as early in the pandemic. The data set is not nearly as dynamic. It is in fact quite static from week to week. We believe that quarterly reporting would be more than sufficient.

The letter campaign continues with now over 1,000 sent from North Dakota and close to 2,000 nationwide. Letter campaigns in other states were later than North Dakota so we are hoping to see this number grow considerably.

Building Plan Update

1. The Bank of North Dakota has approved 6 million in loans at 1% interest.
2. The USDA is financing the largest share of the project and gave us approval in September. ds.
3. Pricing for the project is being refined to current market conditions.
4. A bank has been chosen to provide financing during the construction period. Once the construction is complete, the USDA and Bank of North Dakota funding will replace the construction funding.

5. Renderings of the project are now made and will begin to be shared publicly.

Community Health Fair

There will be a community health fair on Wednesday, October 12 from 5 pm to 7 pm in the Northwood Community Center. Vaccinations will be available for seasonal influenza. Other departments will be featured as well. Our architect EAPC and builder PCL will be there to show renderings of the project. Stop by and check things out, October 12.

Residents October Birthdays:

Happy Birthday!
4th Ronald Nygaard
20th Todd Enger
23rd Leila Olson



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