

NDHC Community Benefit Report

Northwood Deaconess Health Center is organized as a 501-c-3 tax exempt business. This designation affords us numerous benefits. First of all, we are exempt from taxes. Secondly, charitable gifts to the organization qualify as an allowable deduction for individual taxpayers.

Responsibilities follow for hospitals with this designation. Largely, they include the requirement to provide programs that benefit the community. The number of programs does vary from year to year.

A charity care program is available for those who qualify under the federal income guidelines for poverty. If you have questions on how to access this, please call or stop by the hospital business office.

Additionally, we provide numerous programs that benefit the overall health and well being of members in the community. There may be fees associated with these. However they do not meet the cost of operating the programs.

In 2010, the programs conducted were as follows: Meals on Wheels, Fitness walk-run, inhaler checks, medical alert units, free blood pressure checks, inner generational programming, For Your Health articles, fitness center, foot care, diabetic education, blood sugar and cholesterol screens.

If you have any questions about any of these programs, or want more details, please give us a call. Additional detail on these programs is available on our web site at www.ndhc.net.

2010

Community Benefit Inventory

Category of event (Check the one best fit / primary focus)

A. Community health improvement services

1. Blood pressure checks
2. Blood sugar / diabetes clinic
3. Inhaler / respiratory checks
4. Fitness center
5. Other, please list _____

B. Subsidized health services

1. Meals on wheels
2. Telemedicine
3. Transportation
4. Other, please list _____

C. Charity care

1. Charity care hospital
2. Charity care other, please list _____

D. Community building activities

1. speaker for events, groups, and other outside organizations
2. Inner generational programming - GLC
3. School activity with kids
4. Coalition building
5. Health careers activity
6. News / for your health stories

Please check one of these as target market:

- Persons living in poverty (under 300% of federal poverty levels)
- Broader community
- Targeted audience

Description 1141 meals delivered to home bound or restricted activity individuals in the community.

Contact person / coordinator Janet Bratline

Setting / location / format City of Northwood - home delivered meals Mon-Friday

Target audience Home bound or restricted activity residents of Northwood

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A. Community health improvement services

1. ___ Blood pressure checks
2. ___ Blood sugar / diabetes clinic
3. ___ Inhaler / respiratory checks
4. ___ Fitness center
5. Other, please list Fitness walk / run

B. Subsidized health services

1. ___ Meals on wheels
2. ___ Telemedicine
3. ___ Transportation
4. ___ Other, please list _____

C. Charity care

1. ___ Charity care hospital
2. ___ Charity care other, please list _____

D. Community building activities

1. ___ speaker for events, groups, and other outside organizations
2. ___ Inner generational programming - GLC
3. ___ School activity with kids
4. ___ Coalition building
5. ___ Health careers activity
6. ___ News / for your health stories

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Description Part of Northwood Day celebration, we held a walk/run to promote health, fitness, and wellness

Contact person / coordinator Jamie Hillesland

Setting / location / format Route around perimeter of community

Target audience All

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3. Inhaler / respiratory checks
4. Fitness center
5. Other, please list _____

B. Subsidized health services

1. Meals on wheels
2. Telemedicine
3. Transportation
4. Other, please list _____

C. Charity care

1. Charity care hospital
2. Charity care other, please list _____

D. Community building activities

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2. Inner generational programming - GLC
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Persons living in poverty (under 300% of federal poverty levels)

Broader community

Targeted audience

Description _____

Contact person / coordinator Christa Heskin

Setting / location / format Informal settings outpatient + school

Target audience Patients using inhalers

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2. Blood sugar / diabetes clinic
3. Inhaler / respiratory checks
4. Fitness center
5. Other, please list _____

B. Subsidized health services

1. Meals on wheels
2. Telemedicine
3. Transportation
4. Other, please list Medical alert units

C. Charity care

1. Charity care hospital
2. Charity care other, please list _____

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Broader community

Targeted audience

Description Medical alert unit installed in customer's home.
If they need medical assistance, can push a button on a
pendant to initiate a call tree protocol for assistance.

Contact person / coordinator Tom ~~Engen~~ Engen

Setting / location / format Nelson and Grand Forks, Steele and Traill Counties

Target audience At risk population for health emergencies where
client may not be able to get to a telephone.

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4. Fitness center
5. Other, please list _____

B. Subsidized health services

1. Meals on wheels
2. Telemedicine
3. Transportation
4. Other, please list _____

C. Charity care

1. Charity care hospital
2. Charity care other, please list _____

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Description Free blood checks at various community locations including local grocery store, school, and Senior Center.

Contact person / coordinator Ed Bina

Setting / location / format Various local settings

Target audience General population

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4. Fitness center
5. Other, please list _____

B. Subsidized health services

1. Meals on wheels
2. Telemedicine
3. Transportation
4. Other, please list _____

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Description Coordinate inner generational programming between day care, school, and our residents

Contact person / coordinator LuAnn Stevens

Setting / location / format Northwood Deaconess

Target audience pre-school through 6th grade

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4. Fitness center
5. Other, please list _____

B. Subsidized health services

1. Meals on wheels
2. Telemedicine
3. Transportation
4. Other, please list _____

C. Charity care

1. Charity care hospital
2. Charity care other, please list _____

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3. School activity with kids
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Persons living in poverty (under 300% of federal poverty levels)

Broader community

Targeted audience

Description Provide weekly health advice to the local newspaper.

Contact person / coordinator Chris Kjerve

Setting / location / format Articles developed by staff

Target audience General public

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4. Fitness center
5. Other, please list _____

B. Subsidized health services

1. Meals on wheels
2. Telemedicine
3. Transportation
4. Other, please list _____

C. Charity care

1. Charity care hospital
2. Charity care other, please list _____

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Description Provide 24 hour community Fitness center

Contact person / coordinator Jamie Hillesland

Setting / location / format Fitness center at NDHC

Target audience Community 18 and over

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4. Fitness center
5. Other, please list _____

B. Subsidized health services

1. Meals on wheels
2. Telemedicine
3. Transportation
4. Other, please list _____

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1. Charity care hospital
2. Charity care other, please list _____

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 Broader community
 Targeted audience

Description Free care to low income individuals

Contact person / coordinator Angie Annunzio

Setting / location / format NDHC

Target audience Low income / uninsured

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A. Community health improvement services

1. Blood pressure checks
2. Blood sugar / diabetes clinic
3. Inhaler / respiratory checks
4. Fitness center
5. Other, please list Foot care

B. Subsidized health services

1. Meals on wheels
2. Telemedicine
3. Transportation
4. Other, please list _____

C. Charity care

1. Charity care hospital
2. Charity care other, please list _____

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2. Inner generational programming - GLC
3. School activity with kids
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Description Provide foot care for walk up patients 2x month

Contact person / coordinator Ann Larson

Setting / location / format NDHC

Target audience those who need help w/ foot care

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1. ___ Blood pressure checks
2. ___ Blood sugar / diabetes clinic
3. ___ Inhaler / respiratory checks
4. ___ Fitness center
5. ___ Other, please list _____

B. Subsidized health services

1. ___ Meals on wheels
2. ___ Telemedicine
3. ___ Transportation
4. Other, please list Diabetic education

C. Charity care

1. ___ Charity care hospital
2. ___ Charity care other, please list _____

D. Community building activities

1. ___ speaker for events, groups, and other outside organizations
2. ___ Inner generational programming - GLC
3. ___ School activity with kids
4. ___ Coalition building
5. ___ Health careers activity
6. ___ News / for your health stories

Please check one of these as target market:

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___ Broader community

Targeted audience

Description Provide education to new and existing patients with diabetes

Contact person / coordinator Tracy Bma

Setting / location / format ND HC

Target audience Diabetic patients

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A. Community health improvement services

1. Blood pressure checks
2. Blood sugar / diabetes clinic
3. Inhaler / respiratory checks
4. Fitness center
5. Other, please list free blood pressure / cholesterol screens

B. Subsidized health services

1. Meals on wheels
2. Telemedicine
3. Transportation
4. Other, please list _____

C. Charity care

1. Charity care hospital
2. Charity care other, please list _____

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Description Mammo + Pap clinics - cholesterol and blood sugar.

Contact person / coordinator Tanya Hunt / Amber Matchler

Setting / location / format NDHC

Target audience women age 40 +